

# Flora's Flag Football and X-treme Softball Leagues

At Flora's Fitness and Athletic Complex · [www.florasfitness.com](http://www.florasfitness.com)

**Flag Football** - Play on the newest and fastest athletic tract of grass on the Eastern Shore. This Bermuda field is sure to make the game even quicker!



Then move indoor for our winter league on our NFL field turf. Same tract the Superbowl was played on.

Once you're off the grid iron, take the team



to one of our sponsored bars to watch NFL and enjoy drink specials for league players.

## Flag Football Schedule

### FALL OUTDOOR LEAGUE



Starts October 1st -



10 Regular Season Games plus Playoffs

- ⇒ Limited Teams
- ⇒ Cost - \$500 per team (No Player Fee)
- ⇒ \$100 deposit required to hold spot. Remaining balance due by the first Game.
- ⇒ 5 v 5
- ⇒ Drink specials at sponsor's bar on league nights (must be of legal age)

### WINTER YOUTH LEAGUE



Time and Dates to be announced

- ⇒ Flag Football
- ⇒ Contact Arena Football 8v8



Sign up by contacting Flora's Fitness  
443-783-6856

**X-treme Softball** - Tired of rain outs or cold weather?? Beat the elements and play indoors where temperatures stay at 70 degrees. Be a part of the Eastern Shore's first ever X-treme indoor softball league. It is **fun**, fast, **crazy** and **X-treme**. When the game is finished, head to one of our sponsored bars for drink specials for league players.



- ⇒ Limited Teams
- ⇒ Cost - \$500 per team (No Player Fee)
- ⇒ \$100 deposit required to hold spot. Remaining balance due by the first Game.
- ⇒ 7 v 7
- ⇒ Award for homeruns
- ⇒ Drink specials at sponsor's bar on league nights (must be of legal age)