

Flora's Fitness & Athletic Complex

Event and Training Room

Daily Class Schedule

Monday

7:00pm to 8:00pm

Traditional Tae Kwon Do –Martial Arts

8:00pm to 10:00pm

Open for room rental or meetings

Tuesday

6:00pm to 10:00pm

Open for room rental or meetings

Wednesday

7:00pm to 8:00pm

Traditional Tae Kwon Do –Martial Arts

8:00pm to 10:00pm

Open for room rental or meetings

Thursday

6:00pm to 10:00pm

Open for room rental or meetings

Friday

6:00pm to 10:00pm

Open for room rental or meetings

Saturday, & Sunday

Open for room rental or meetings